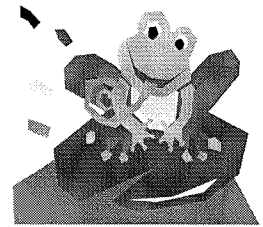


**First Steps**

**DON'T DELAY... FIND OUT TODAY.**

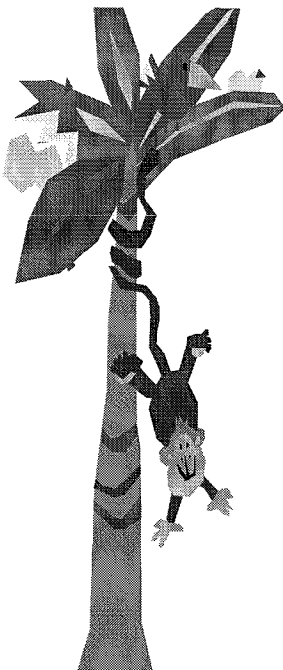
Give your baby the best possible start in life. First Steps is your vital connection to special services for early childhood developmental delays. First Steps serves children, from birth to three years, and their families living in Indiana.



If you think that your child may need early intervention services, or you would like more information about

Northwest Indiana First Steps

Call:  
219-662-7790  
or  
1-800-387-STEP



Child's age	Milestones/Activities	Alerts/Warnings
1-2 months	Turns head in direction that cheek is touched Startles easily in response to loud noise	NOT showing gains in height/weight NOT able to suck and/or swallow easily
3-4 months	Rolls from stomach to back Make sounds other than crying Holds a rattle and smiles	NOT making sounds other than crying NOT turning head towards bright light/color
4-6 months	Rolls from stomach to back and back to stomach Reaches for and grasps objects Turns head to seek out sound	NOT showing gains in height/weight NOT smiling in response to others NOT rolling from stomach to back
6-9 months	Creeps/crawls on hands/knees Moves toys from hand to hand Plays pat-a-cake and peek-a-boo Balances self while sitting	NOT showing gains in height/weight NOT reaching for/or grabbing object NOT turning head to locate sounds NOT babbling and laughing out loud
9-12 months	Pulls to stand Picks up small objects Walks with one hand held Waves bye-bye	NOT imitating simple sounds NOT playing with parents/siblings
12-15 months	Says words besides mama/dada Walks without help Drinks from glass/cup with help	NOT able to pick up small objects NOT pulling to stand NOT able to move hands to play games like peek-a-boo
15-18 months	Looks at picture books/ turns pages Feeds self with spoon Likes to push, pull, dump things	NOT walking without support NOT trying to talk, repeat words or play games NOT showing emotions:happy/sad
18-24 months	Uses 2-3 word phrases Carries objects when walking Shows affection:hugs/kisses Says "no" often	NOT chewing small bites of food NOT actively playing with toys NOT understanding simple directions such as "Give me the ball"
25-30 months	Eats alone, runs well Gives first name when asked Enjoys scribbling and playing with other children	NOT using 2 words together such as "more juice" and "go bye-bye" NOT able to point to 3 body parts, such as ears, nose, eyes
30-36 months	Repeats common rhymes Jumps in place, copies a circle Washes and dries hands	NOT able to kick a ball forward NOT able to build a tower of 4 block NOT saying first name when asked

\*Please remember that each child develops at his/her own pace.

\*First Steps is administered by the Bureau of Child Development within the Family and Social Services Administration.